

Ensuring good mental health and wellbeing at every age

Outcomes

Children, Young People and Adults are emotionally resilient

Children, Young People and Adults with poor mental health recover quickly

People with poor mental health live as healthy and for as long as those with good mental health

Cross Cutting:

Reducing inequalities by tackling the wider determinants

Prevention and Early Intervention

Acting upon patient and customer experience

Safeguarding and ensuring high quality integrated services

There are estimated to be around 4,000 children and young people affected by a mental health problem and around 26,000 adults with a common mental health condition, affecting one in four people over their lifetime.

	Latest Data	DoT	Latest Data	Target	Current Status	England
Proportion in need accessing psychological therapies	Dec 16	↑	8.87 %	15.00 %	▲	n/a
CAMHS waiting for intervention for more than 18 weeks	Dec 16	→	0 %	0 %	★	n/a
Hospital admissions for mental health 0-17 years	Dec 15	n/a	73.4		n/a	87.4
Hospital admissions for self-harm 0-18 years (CBC Population)	Dec 16	↓	21		n/a	399
Emotional wellbeing of looked after children	Sep 16	↑	13.4	13.0	●	n/a
Recovery rates for those completing psychological therapies	Dec 16	↑	43.0 %	50.0 %	▲	48.4 %
Premature mortality (<75 years) in adults with serious mental illness	Dec 13	n/a	1,232		n/a	1,319
Proportion of adults in contact with secondary mental health services in paid employment	Sep 15		6.5 %	13.2 %	▲	5.8 %

▲ Target missed by 10% or more ● Target missed by less than 10% ★ Target achieved
 ↑ Performance is improving → Performance remains unchanged ↓ Performance is worsening

Performance of the proportion in need accessing psychological therapies indicator is currently under the agreed recovery trajectory however East London Foundation Trust (ELFT) are working on a number of work streams to increase referrals into the service. Referrals from GPs have been analysed and low referring practices will be contacted and offered support; ELFT will be attending locality meetings to promote the Improving Access to Psychological Therapies (IAPT) model; Roadshows will be taking place in GP surgeries to encourage self referrals.

The recent deterioration in performance of recovery rates for those completing psychological therapies has been impacted by the resolution of the historical waiting list. The Trust has implemented clear processes and clinical protocols to maintain a high recovery rate during the reduction of the waiting list. However, due to the large numbers of patient inherited and the severity of the presentation of these patients, the impact is now being realised. Nevertheless the service will continue to implement the clinical standards required to achieve the 50% recovery rate.

The average waiting times across the combined clinics in Bedfordshire CAMHS is currently 7.5 weeks for routine assessment appointments; this is significantly reduced in some local areas with 12 weeks being reported as the longest wait for assessment in the Looked After Children's team.